



PARADIGM SHIFTERS®



TEAM UP

Coaching for Executives, Mid-Level Managers and Leaders

Paradigm Shifters develops organizational, team, and individual capacity for performance, creativity, innovation, and change.

Our coaches are typically hired to help C-suite, VPs and other mid-level and developing leaders with discovering, defining, practicing, enacting and achieving personal improvement. Common outcomes are increasing productivity and creativity, evolving leadership skills, effectively engaging staff, improving communication, and developing increased capacity for uncomfortable situations. Leaders at this stage realize that they first need to look at facilitating change in their own behaviour and perspective, which will then result in external goals achievement and ripple through to all aspects of the organization - people, profit, productivity.

Your coach is your partner in your evolution as a leader, regardless of your title: developing your skills, acting as your sounding board, and sometimes being your positive disruptor.

The primary objectives of our clients include:

- Constructive assistance in matters of professional challenges
- Fostering of self-management
- Improving objectives
- Improving communication skills
- Boosting creativity
- Active design of life changes
- Balance and integration of professional and private life
- Fostering of individual self-realization

“A coach is someone who tells you what you don’t want to hear, who has you see what you don’t want to see, so you can be who you always have known you could be.”

- Dealing with Difficult People and Challenging Situations
- Increasing Emotional Agility
- Growing Change Resilience for self and staff
- Developing Your Executive Presence

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“I would highly recommend Rosalie as a coach, she is intuitive, fearless, kind and encouraging. I cannot imagine being in safer hands or with someone more committed to the success of her client.”

Helen R

“I have learnt so much, developing personally, growing professionally through Coach Adi’s sessions which provided a safe space for me to reflect and stretch myself. Coach Adi is a truly masterful coach.”

Henry K., Manager

Benefits of Coaching:

- Higher life satisfaction and happiness
- Better conflict transformation
- Increased capacity for dialogue
- Targeted troubleshooting
- Leading a more conscious life
- Improved time management
- Better focus
- Expansion of own domains of knowledge and experience
- Heightened awareness
- Improved self-awareness
- Increase in self-reflection
- Calmer challenge confrontation
- Better utilization of Emotional- and Social Intelligence

From our own personal experience as family members, employees, managers, executives, coaches and consultants we know firsthand how hard it is to change - ourselves, our teams, and our organizations.

There are more failures than success stories in the history of recorded change management initiatives, It is usually not the technology or another procedure that fails us. Humankind’s resistance to change is the true challenge for all of us, and there is no real blueprint for a comfortable solution.

Our coach/trainers are Certified Coaches through the International Coach Federation (ICF) and are specifically trained in Coaching and Facilitating Teams and other systems in addition to individuals. You know you are getting a qualified professional, with deep understanding and high professional and ethical standards.

The Paradigm Shifters Team comprises of certified administrators of psychometric assessments.

We are affiliated with Myers-Briggs (MBTI), Center for Creative Leadership (CCL 360 Suite), Gallups Strength Finder, SDI and Saville Consulting.

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